











# TOUR BUFFET LUNCH MENU 2021

Price is inclusive of room hire fees and served with tea and coffee.  
Please note this menu is served as a buffet, so individual menu choices are not required.

## OPTION 1 £17.50 PER PERSON

Chicken breast with tomato, mushroom and tarragon wine sauce  




Cauliflower, tomato, mixed seed and pasta bake   

Selection of vegetables and new potatoes   

Choice of two desserts (Chef choice of the day)

Tea and coffee



## VEGAN DISHES


Grilled aubergine, roast butternut squash with a tofu and pesto sauce   

Vegetable kebabs, rustic tomato sauce   

Roasted vegetable ragout, herbs and cherry tomatoes   



## OPTION 2 £10 PER PERSON

Cottage pie topped with mashed potato  

Roasted vegetable pasta and tomato bake   

All served with roasted / new potatoes   

Selection of vegetables   

Dressed salad   







## DESSERT

Fruit crumble with custard   

Chocolate tart   

### Allergy Advice

If you are allergic or intolerant to any food, please let us know upon placing your order. Whilst we endeavour to avoid any cross contamination, when processing a specific allergen free order, our kitchen does not have a specific allergen free zone. Deep fried wheat and gluten dishes will use the same fryers in the kitchen as dishes not containing these ingredients – there may be a risk of cross contamination which could affect extremely sensitive sufferers. For more information about any of our dishes please ask a member of our team.

-  Vegetarian
-  Dairy Free
-  Vegan
-  Gluten Free
-  Contains Gluten
-  Contains Dairy

Every £1 you spend at RNLI College helps save lives at sea

The RNLI is the charity that saves lives at sea

The Royal National Lifeboat Institution, a charity registered in England and Wales (209603), Scotland (SC037736), the Republic of Ireland (CHY 2678 and 20003326), the Bailiwick of Jersey (14), the Isle of Man (1308 and 006329F), the Bailiwick of Guernsey and Alderney, of West Quay Road, Poole, Dorset, BH15 1HZ

Call today: 01202 663489  
Email: [private\\_events@rnli.org.uk](mailto:private_events@rnli.org.uk)  
[RNLI.org.uk/college](https://www.rnli.org.uk/college)

February 2021  
Photo: shutterstock.com