



# 2021 LIGHT LUNCH MENU

A light lunch option for those not using a day delegate rate. £13 per person.  
Menu includes tea and coffee.

Selection of sandwiches and wraps   

Southern fried chicken strips  

Mini sausage rolls 

Falafel with minted yogurt   

Mixed salad   

Melon and pineapple platter   

Rich fruit cake slice   







Chocolate brownie   

## Allergy Advice

If you are allergic or intolerant to any food, please let us know upon placing your order.

Whilst we endeavour to avoid any cross contamination, when processing a specific allergen free order, our kitchen does not have a specific allergen free zone.

Deep fried wheat and gluten dishes will use the same fryers in the kitchen as dishes not containing these ingredients - there may be a risk of cross contamination which could affect extremely sensitive sufferers. For more information about any of our dishes please ask a member of our team...

-  Vegetarian
-  Dairy Free
-  Vegan
-  Gluten Free
-  Contains Gluten
-  Contains Dairy

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The Royal National Lifeboat Institution, a charity registered in England and Wales (209603), Scotland (SC037736), the Republic of Ireland (CHY 2678 and 20003326), the Bailiwick of Jersey (14), the Isle of Man (1308 and 006329F), the Bailiwick of Guernsey and Alderney, of West Quay Road, Poole, Dorset, BH15 1HZ

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