

GAMBLING SELF EXCLUSION FORM

Charity Name:

Title: Mr Mrs Ms Miss Other

Full Name:

Address:

Postcode:

Please exclude me from all lottery and raffle activity with immediate effect. I understand that by submitting this form, the exclusion will remain in place until I call, email or write to tell you that I wish to begin gambling again. Please note if you call to make any such request to begin gambling again, then you will need to follow it up with a written confirmation either by letter or email. By law the self-exclusion must apply for a minimum period of 6 months.

Signature: Date:



Please return this form to: Supporter Experience team, Royal National Lifeboat Institution, West Quay Road, Poole, BH15 1HZ by post or by email to lottery@rnli.org.uk.

Counselling and Support Services

Are you gambling more than you really want to? If you or a family member feel that you are experiencing problems with gambling, you can seek advice and support from trained counsellors at BeGambleAware by calling the National Gambling Helpline on **0808 8020 133** or visit their website **www.BeGambleAware.org**

Software is available to prevent an individual computer from accessing gambling internet sites – please see **www.gamblock.com** for further information.

BeGambleAware.org[®]